



LOVE STORIES

Revisited



PLAYBOOK





CHAPTER ONE



**PURPOSEFUL
PARTNERSHIP**

Pre-Salon



Love comes in many shapes and forms, as does our relationship to it. What we've been taught about love from our families, from the media and from our life experiences shape who we are and how we relate to this powerful force that has so much healing power.

However, there are many twists and turns to any story of love depending on what our individual stories have been that shaped our understanding of love and the ways it expresses itself through and to you.

For all of 2023, under the theme of "Love Stories Revisited" we will explore 5 specific subject matters or "chapters" within the Book of Love that deserve to be revisited and even re-written to serve you in creating a more consummate relationship to each of these topics.

As we dedicate this year to re-writing our Love Stories from a more evolutionary place, we will have a chance to rotoroot out old beliefs and outdated ways of thinking that hold us back from experiencing the Love Story of a lifetime.

Our first Eden Sanctuary Salon for 2023 will be held on Saturday, February 11th. The first Chapter to open this Book of Love, is all around Lifestyle Optimization specifically revealed through the lens of co-creating a Purposeful Partnership.

In order to gain as much as possible out of our monthly gatherings, you will receive chapter *playsheets* to help you and your beloved work with the material in preparation and/ or alongside our live gatherings.

We invite you and your beloved to set aside some time in advance of the Salons (and E.P.I.C's) to dive into the subject matter together, so that by the time we all connect in The Sanctuary you will be primed and ready to experience some truly meaningful breakthroughs in your Love Story.

LOVE STORIES

Chapter One

Complete the following playsheet together **before** our Purposeful Partnership Salon on February 11th. Print this and add it to your *Love Stories Revisited* binder.

NOTE:

We talk about this binder and more in VIDEO 1 titled:
"Love Story Revisited: Chapter 1: Members: What to Expect"
found on: EdenWorld.org/lovestory2023

Join us on February 11th as we dive deep into the "Relationship Boardroom" to align and optimize your partnerships goals, tasks and day-to-day stuff so you can have the most flow and harmony in your Coupleship.

Then, on March 11th, we'll dive into the "Relationship Bedroom" to supercharge your optimization with time-tested intimacy practices that will increase your manifestation powers from the alignment of those goals and optimization you created the month before.

These two sessions are gonna give you an awesome start to your year.





PRE-SALON HOMEPLAY

In the first of our “Love Stories Revisited” chapters- Purposeful Partnership, we will be exploring how high-functioning couples create the most flow and harmony around adulting. We will also explore how being dialed into your relational purpose will give you move fuel to get those day to day things done.

You will be able to apply these tips, tricks and tools directly to your coupleship.

To learn more about Purposeful Partnership, watch these next two videos:

VIDEO 2 - [What is Purposeful Partnership?](#)

VIDEO 3 - [Examples of Living a Purposeful Partnership](#)

All videos can be found on:
EdenWorld.org/lovestory2023

PRE-SALON HOMEPLAY

ACTION:

Print 2 copies of this worksheet.



For your convenience, we have included templates for blank & lined writing paper should you wish to print multiple copies of those. Alternately, you could use a notebook with 3 ring binder holes already present and just pop those notes directly into your binder. Users choice. :)

STEP 1:

Answer the “Individual Questionnaire” first. Find a pleasant, quiet place to sit and contemplate in order to uncover and share your authentic responses.

Once both of you have completed your sovereign playsheets, create a safe container to come together where you will share and listen to each other's answers with open hearts.

STEP 2:

In the same space of sharing your sovereign work, you can begin your work on the “Combined Coupleship Questionnaire.”

Save your playsheets in each of your personal Love Story binders.

*****All of this pre-work is optional but encouraged. You can absolutely attend the Salon without doing the pre-work. It is designed to enhance your learning and experience but is not mandatory to do in advance.***

INDIVIDUAL QUESTIONNAIRE

1. What does it mean to you for your relationship to feel purposeful when it comes to managing home and life? Describe in your words what you believe an ideal Purposeful Partnership could look & feel like for you.

2. Describe your current story about how purposeful/intentional your relationship has been over the past year? Share in detail all the ways in which you have been doing well/winning in this area of your relationship.

Examples:

- *You and your partner are awesome at your weekly planning meetings.*
- *You feel met and supported by each other in the household activities.*
- *You're rocking out in the finances department.*
- *You're dialed in when it comes to all the responsibilities you have with the kids.*

3. On a scale of 1 to 10... 1 being the least and 10 being the best, how supportive do you feel your partner is when it comes to the day-to-day tasks and responsibilities of your life together? Why do you feel that way?

1 2 3 4 5 6 7 8 9 10

4. Share as many moments as you can remember when your beloved really came through for some important life focuses.

Examples:

- *The time they got the paperwork in for that SBA loan and how much that meant for your financials.*
- *How they handled your passport renewals like a champ!*

5. Share some key moments you recall feeling that your beloved had fallen short (of your expectation).

Examples:

- *You had to remind them several times to do something that they were in charge of doing.*
- *They missed an important opportunity you were counting on them to make happen.*

6. How supportive are you to your beloved during these moments? Describe the ways in which you champion or judge your partner.

COMBINED COUPLES QUESTIONNAIRE

1. Work together to come up with an agreed upon definition of what the word 'Purposeful' means to you as a couple and how you feel your relationship is already purposeful.

2. Describe the areas in your life that you feel are held impeccably and by whom primarily? IE- Finances, Nourishment, Household, Social Life, etc.

3. Discuss & list a few agreements you could create for how you both might find more ease & flow when it comes to the day to day tasks and responsibilities of your life together.

4. Where do you feel that more time could be freed up if you had better systems with each other to manage life's duties?

5. With all this extra time, how might this serve your relationship?

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