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CHAPTER ONE

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**PURPOSEFUL  
PARTNERSHIP**

*Salon*



# CHAPTER ONE

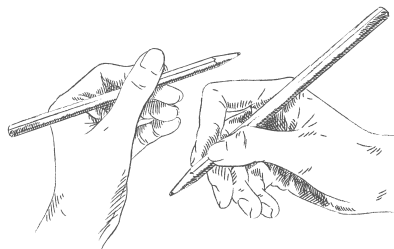
Use this playsheet to follow along, fill out and take notes during the **Purposeful Partnership Salon**

**NOTE:** We talk about this binder and more in VIDEO 1 titled: **"Love Story Revisited: Chapter 1: Members: What to Expect"** found on: [EdenWorld.org/lovestory2023](https://EdenWorld.org/lovestory2023)

Join us on February 11th as we dive deep into the “Relationship Boardroom” to align and optimize your partnerships goals, tasks and day-to-day stuff so you can have the most flow and harmony in your Coupleship.

Then, on March 11th, we’ll dive into the “Relationship Bedroom” to supercharge your optimization with time-tested intimacy practices that will increase your manifestation powers from the alignment of those goals and optimization you created the month before.

***These two sessions are gonna give you an awesome start to your year.***



# PURPOSEFUL PARTNERSHIP

**What is a Purposeful Partnership?**

*(Write down the definition for this)*

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**How would creating a purposeful partnership be supportive to your relationship? What would it solve for you?**

Your thoughts / Sovereignty

Shared Partnership Thoughts / Unity

# WHY ARE YOU TOGETHER?

**What is the intention/purpose of you being together?**

*Answer this individually first and remember, it does NOT have to be anything grandiose.*

Examples:

- To raise a family
- To learn to love better
- To serve your family
- To leave a legacy
- To have a safe place from the world
- To create a mission together

Your thoughts / Sovereignty

Shared Partnership Thoughts / Unity

# YOUR COUPLESHP STATEMENT

## YOUR COUPLESHP STATEMENT ANSWER:

Take what you both wrote on the previous pace and combine it into one a one line “purpose” statement for the reason you are both together.

**We are together...**



# PURPOSEFUL PARTNERSHIP TOOLS

Which tools would you want to use for your relationship?  
(Circle all that apply)



Having dedicated and regular Sacred Space time

Tracking our mood cycles & preparing for dips after highs (not letting them blindsides us)



Building in adequate “transition” protocols & spaciousness

Sleeping apart 1 night a week - intentionally.



Plan for our together and separate time. Agree to it in advance

We use the Intention Experience tool



We schedule and plan for our EPIC Date nights

Shared Visioning times - we usually combine this with our yoga mats / stretching time



Medicine Bundle (Ceremony & Ritual)

How we calendar & batch our schedules



Keeper Roles

# PURPOSEFUL PARTNERSHIP TOOLS

*Homeplay assignment post Salon*

Which of their tools do you already use or have your own version of?

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What are some of the ways we create a Purposeful Partnership that you feel would be supportive to your partnership? Which of our tools would you want to use for your relationship?

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# KEEPER ROLES



*The power of defined roles to keep the peace and accelerate your abilities.*

What is a Keeper Role?

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Based on what you've learned so far, how do you feel the concept of Keeper Roles will benefit your Coupleship?

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# COUPLE KEEPER ROLES

**DIRECTION:** Discuss and create agreements around Keeper Roles.

Choose who is doing what and if you will "add help" (+help) for particular ones. + Help means you may hire someone, enroll a friend or have grampa help out. You can also add more roles that your relationship may require.

	ME	YOU	+ HELP
<b>Bed Maker</b> if you share the task, assign it to both of you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Morning Practice/Meditation Monitor</b> Who is leading the committed charge for your spiritual health?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Fitness Friend</b> Who is leading the charge toward physical health?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Breakfast Baron</b> Who is the best partner to be on Breakfast duty?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Duke/Duchess of Dishes - Breakfast</b> Cleaning the Breakfast Dishes - who will it be?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Learning Lieutenant</b> __hr/mins of learning something new each day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Trash Wench</b> Who is going to take out the trash? (plus handle getting garbage bags, monitoring the bins throughout the house.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	ME	YOU	+ HELP
<b>Recycling Regent</b> Admit it? One of you loves separating plastics way more than the other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Calendar Concierge</b> Keeping the joint social & event calendar up-to-date	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lunch Lord</b> The partner who makes the best (healthy) lunch wins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Duke/Duchess of Dishes - Lunch</b> Cleaning the Lunch Dishes - who will it be?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Hydration Hero</b> How much water are you drinking? Who knows? <i>the Hydration Hero does</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Budget &amp; Bookkeeper Keeper</b> Who is best at keeping the books up to date - ready for tax season!	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Money Mogul Investment Manager</b> Who loves this stuff & wants big wins in their Prosperity Partnership?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Bills Boss</b> Tracking & paying bills on time is super important. So who's the Boss?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Grocery Guru</b> Who keeps track of the grocery shopping needs list	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Shopping Shepherd [Grocery]</b> If you think grocery shopping is fun. Sign up!	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	ME	YOU	+ HELP
<b>Laundry Lover</b> There is no shame in loving the laundry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Fluff &amp; Folder [Laundry]</b> If you tend to make the laundry pink, then being the folder is a better spot for you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Date Night Dom</b> Ensuring dedicated weekly couples connection time happens	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Travel Maven</b> If travel makes you both happy - plan trips to look forward to.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Leaf Lover or Principle of the Plants</b> Who has the biggest green thumb and loves to love the leaves?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Entertainment Director</b> Who can sniff out the not-to-miss things to do in your town!	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Techie Bestie</b> VCR's, drives, bits & dongles - one of you is better suited to rule this world	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Pet Cop</b> If you have pets, who tracks their vet visits, grooming, etc?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Car Czar</b> Fill it, wash it, service it, care for it - who oversees the vehicle?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Sleeper Keeper or Keeper of the Clock</b> What time do you need to be in bed? What time should you rise n shine?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	ME	YOU	+ HELP
<b>Dinner Director</b> Planning/Cooking the Evening meal is no small undertaking.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Duke/Duchess of Dishes - Dinner</b> Cleaning the dinner dishes - who will it be?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Keeper of Kinship</b> Taking care of the little kins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Viscount of Vacuuming</b> Who will be the one to always be mindful of the crumbs?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Floor Foreman</b> Who loves the floors so clean you could eat off them?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Dust Dom</b> feather dusters are a must in any Dust Dom's tool kit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Bathroom Babe</b> Clean shower, loo & sink - so important to keep clean, don't you think?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Window Wizard</b> Sills and panes - not a pain to keep clean?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Vitamin Vixen</b> Supplement your love with supplements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Road Warrior</b> RV, ATV, vintage moto + sidecar - Who is the Keeper of recreation vehicles?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

ME      YOU      + HELP

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**Spiritual all seeing-eye**

which of you will keep a graceful eye on your divinity?

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**Special Occasion Calendar Concierge**

Weddings, parties, anything

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**Champion of Charity**

Who will be the keeper of your volunteer work & being-of-service projects?

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----- Create your own -----

--- Create your own ---

ME      YOU      + HELP

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# PARENTING KEEPER ROLES

**DIRECTION:** Discuss and create agreements around Keeper Roles.

Choose who is doing what and if you will "add help" (+help) for particular ones. + Help means you may hire someone, enroll a friend or have grampa help out. You can also add more roles that your relationship may require.

	ME	YOU	+ HELP
<b>Good Cop</b> Who plays this role better for your child/children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Bad Cop</b> You know who you are	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Homework</b> Not your kids favorite thing to be told to do - but someone's gotta do it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Social Media</b> Overseeing cyber safety & the status of your child's profile/pages	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Screentime</b> Tracking your child's screentime and enforcing limits	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Clean Room</b> Getting creative with ways to inspire them to keep it clean	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Communication/Connection</b> Overseeing the ways your child connects/communicates with others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Quality Family Time</b> Tracking the quality & quantity of family interactivities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

ME      YOU      + HELP

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**Rewards & Celebrations**

Making sure no small win goes  
uncelebrated & encouraged

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**Pre-Dinner Dance Party**

Have some fun and get the kiddos looking  
forward to something

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**Dinner Time - Check-ins**

"How was your day?" Tell me the highlights?  
What did you learn?

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**School & Social Calendar Concierge**

Confirming the needs, drivers and gathering

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----- Create your own -----



--- Create your own ---

ME      YOU      + HELP

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LOVE STORIES  
*Revisited*

